

“Blessed”



# Happiness

Matthew 5:1-12

The Second Beatitude

# KEYS to Happiness

## People to God Relationship

v 1-4

Remove sin – peace with God

## Human to Human Relationship

v 5-8

Live peaceably with others

# The first Beatitude

## **Blessed are the Poor in Spirit**

- Poor = humble opinion of self
- Willing to listen = teachable
- Remove pride and arrogance
- The Door into the kingdom

# The Second Beatitude

“Blessed are they that  
mourn: for they shall  
be comforted.”

Matthew 5:4

# Blessed are those who mourn

- Does Jesus want us to be sad? –  
NO
- Jn. 16:33 “be of good cheer” Phil. 4:4  
“rejoice”  
Pro. 17:22 “merry heart”

# Blessed are those who mourn

## To Mourn

### Does not mean:

- Pessimist
- Complainer
- Consequences of sin
- Trials of life
- Persecution

# **Blessed are those who mourn**

Lament, grieve, to weep audibly, to shed tears

Mourning for the dead:

“wailing” 2 Cor. 12:21

# **Blessed are those who mourn**

Spiritual mourning

**II Cor. 7:9-10** “Godly sorrow”

Leads to Repentance



# **Blessed are those who mourn**

Good to feel pain

To have sensitivity to pain

1 Tim. 4:2 - conscience seared

Eph. 4: 19 - past feeling

**Blessed are those who mourn**

**For they shall be Comforted**

- Blessed are they that mourn: for they shall be comforted.” **Matthew 5:4**
- Consoled, be of good comfort

# Mourning for sin Turns to Joy

1. Obey the Gospel - Acts 8:39

2. Walk in the light - 1 John 1:9

3. End of life - Home with God

# Mourning for sin Turns to Joy

- Mourning - repentance
- Brings comfort - forgiveness
- “The Peace of God that passes all understanding” **Phil. 4:7**

# THE KEYS- To Happiness- according to Jesus



- Matthew 5:1-12
- Key 1 - The Poor in spirit
- Key 2 - Those who mourn

# **Blessed are the Poor in Spirit**

- Poor in Spirit – without
- Theirs is the Kingdom of Heaven
- Humility – teachable, dependent on God, a beggar
- Trust in God - Faith

# THE KEYS- To Happiness- according to Jesus



- Matthew 5:1-12
- Key 1 - The Poor in spirit
- Key 2 - Those who mourn

# **Blessed are those who mourn**

- Mourns for his sin
- Comforted by forgiveness
- Godly sorrow
- Repentance



# The Second Key to Happiness

“Blessed are they that mourn: for they shall be comforted.”

Matthew 5:4